

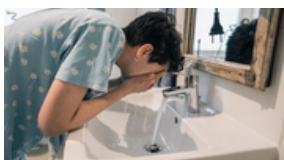
Work Foundations



LET'S TALK WORK

Unpack your work goals

Explore your strengths, interests and goals through flexible, 1:1 support using tools and quizzes that help you discover your passions and shape your path to employment.



ROUTINE RESET

Get work-day ready

Build consistent routines around sleep, meals, travel and time management with 1:1 support that strengthens your capacity to prepare for work, time management and stay job ready.



CLOCK IN CONFIDENCE

Start strong with job basics

Team up with your support worker to build confidence around dress, punctuality and workplace behaviour so you can show up and feel ready for the job.



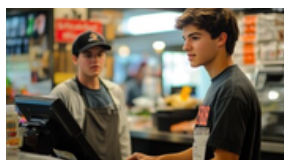
Workplace Skills



BARISTA & FOOD SAFETY

Get hands-on with hospo essentials

Learn the basics of making coffee, food handling, hygiene and kitchen safety in a practical setting with your support worker.



MONEY & SERVICE SKILLS

Confident with cash and EFTPOS

Build practical, real-world skills with your support worker in a safe and supportive environment. Learn at your own pace, boost your confidence and get prepared to step into work with the tools you need.



CERTIFIED AND SUPPORTED

Get qualified with support by your side

We'll help you find, enrol in and access subsidised courses like RSA, RCG, First Aid or White Card, with one-on-one support before, during or after training.

Job Search & Preparation



SORTED TO START

Tick the boxes, start your journey

Sort your essentials like photo ID, tax file number, bank account, and work gear with one-on-one support so you're ready to start work with confidence.



WORK READY KIT

Prep, apply and stand out.

Create a standout resume, craft tailored cover letters and set up job search accounts. Your support worker is there every step to help you feel confident and ready.



Career Pathways



TRY A TRADE

Hands-on pathways, real options

We'll support you to contact employers and organise short-term work experiences so you can explore different industries, build confidence and find your fit.



LEARN AND LAUNCH

Discover study pathways that match your goals. Not ready to jump into work just yet? We'll help you explore courses, enrolment options, and study supports from uni or tafe to short courses so you can launch your next chapter with confidence.

Wrap Around Support



WRAPAROUND EMPLOYMENT SUPPORTS

We're here for the in-between stuff too

Support Coordination
We help you understand your plan, manage your funding, and coordinate your supports so your team stays focused on your goals and you stay work-ready.

Psychosocial Recovery Coaching
We get that there are good days and tough ones. Your Psychosocial Recovery Coach works with you to manage mental health challenges, build confidence, and stay on track with your work and life goals.

Counselling
One-on-one support to work through challenges, build confidence and explore barriers to employment with tailored employment-focused counselling.

RYSS ABILITIES

RYSS Employment and Independence Supports offer flexible, one-on-one capacity building activities designed for young people aged 12–25 with NDIS funding. These supports align with the Capacity Building – Finding and Keeping a Job category and focus on building the essential skills required to explore, prepare for, obtain, and maintain employment.



Scan the QR code to explore our full 1:1 Support Menu and book your sessions today.



Regional Youth Support Services Inc.

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