

MONDAYS

Starting
Monday
5th May



THE SOCIALITES 10:00am - 1:00pm

Join The Socialites to get out and about in the community with like-minded people visiting some exciting venues and attractions.

Community Based



COOKING 12:00pm - 2:00pm

Have fun learning basic cooking skills, a variety of easy to cook at home recipes and getting to know each other

RYSS Wyoming



COOKING 3:00pm - 5:00pm

Have fun learning basic cooking skills, a variety of easy to cook at home recipes and getting to know each other

RYSS Wyoming



VIBE & STRIDE 4:00pm - 6:00pm

Vibe and Stride mixes walking and dance, promoting movement, a healthy body, it's all about thriving while having fun!

RYSS Wyoming & Community

TUESDAYS

Starting
Tuesday
6th May



VIBE & STRIDE 11:00am - 1:00pm

Vibe and Stride mixes walking and dance, promoting movement, a healthy body, it's all about thriving while having fun!

RYSS Wyoming & Community



COOKING 1:30pm - 3:30pm

Have fun learning basic cooking skills, a variety of easy to cook at home recipes and getting to know each other

RYSS Wyoming



SPIN CITY DJ'S 3:30pm - 5:30pm

Spin City DJ brings the beats, the skills, and the energy—learn to mix, scratch, and create your own sound while having a blast!

RYSS Wyoming



HEALTHY GAMING 5:30pm - 7:30pm

Healthy Gaming is designed to establish an inclusive gaming community where young people can develop gaming skills and build social and supportive connections.

RYSS Wyoming

WEDNESDAYS

Starting
Wednesday
7th May



MUSIC MAKERS 10:00am - 12:00pm

Learn the art of music production from writing the rhymes, mixing the beats and recording tracks all will be covered in this weekly program.

RYSS Wyoming



PHOTOGRAPHY 3:30pm - 5:30pm

Join us in a journey of creativity through photography! Our program fosters self-expression, confidence, and practical skills.

Community Based



ENROL TODAY!

Use the QR Code for more information or to enrol in any of our Abilities Groups



Regional Youth Support Services Inc.

4323 2374

reachout@ryss.com.au

RYSS Abilities South Wyoming Youth Skills Centre

9 Warrawilla Road Wyoming 2250

www.ryss.com.au

THURSDAYS

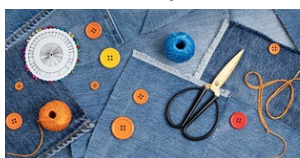
Starting
Thursday
8th May



WORK READINESS 1:00pm - 3:00pm

Work Readiness is a weekly program to help young people develop skills to get ready for the workforce.

RYSS Wyoming



THRIFTY CREATIONS 3:00pm - 5:00pm

Join us in transforming second-hand thrift shop finds into fashionable or up-cycled pieces. We will explore thrift shops for treasures and get our craft on with like-minded peers

Wyoming & Community



HEALTHY GAMING 5:30pm - 7:30pm

Healthy Gaming is designed to establish an inclusive gaming community where young people can develop gaming skills and build social and supportive connections.

RYSS Wyoming

FRIDAYS

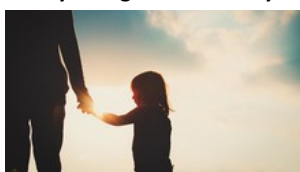
Starting
Friday
9th May



THE SOCIALITES 10:00am - 1:00pm

Join The Socialites to get out and about in the community with like-minded people visiting some exciting venues and attractions.

Community Based



PARENTING WITH PURPOSE 10:00am - 12:00pm

A supportive group for young parents to build life skills, connect with peers, and strengthen family bonds through practical activities and shared experiences.

RYSS Wyoming & Community



DUNGEONS & DRAGONS 3:30pm - 5:30pm (12 - 17yrs)

Bring your creative mind and your best story line to help us create a social game we can get 'lost' in a role-playing adventure!

RYSS Wyoming



DUNGEONS & DRAGONS 5:30pm - 7:30 pm (18+)

Bring your creative mind and your best story line to help us create a social game we can get 'lost' in a role-playing adventure!

RYSS Wyoming