

MONDAYS

Starting
Monday
21st October



SHAKE & CREATE

3:30 - 5:30pm

Get creative making crazy shakes for our afternoon tea and carry the inspiration through to explore lots of creative art and craft projects

RYSS Wyong



TUESDAYS

Starting
Tuesday
22nd October



THE SOCIALITES

10:30 - 1:30pm

Join The Socialites to get out and about in the community with like-minded people visiting some exciting venues and attractions

Community Based



DUNGEONS & DRAGONS

3:30pm - 5:30pm

12 - 17 years

Bring your creative mind and your best story line to help us create a social game we can get 'lost' in a role-playing adventure!

RYSS Wyong



DUNGEONS & DRAGONS

5:30 - 7:30 pm

(18+)

Bring your creative mind and your best story line to help us create a social game we can get 'lost' in a role-playing adventure!

RYSS Wyong

WEDNESDAYS

Starting
Wednesday
23rd October



COOKING

12:00 - 2:00pm

Have fun learning basic cooking skills in a vintage homestyle kitchen with a small group under the guided support of our facilitator

RYSS Wyong



HEALTHY HABITS

4:00 - 6:00pm

Healthy Habits focusses on healthy food, good sleep, healthy body & healthy mind, and it's all about thriving

RYSS Wyong



HEALTHY GAMING

5:30 - 7:30pm

Healthy Gaming is designed to establish an inclusive gaming community where young people can develop gaming skills and build social & supportive connections

RYSS Wyong



Scan the QR
Code for more
information or
to enrol in any
of our Abilities
Groups



THURSDAYS

Starting
Thursday
24th October



WORK READINESS

12:00pm - 2:00pm

Work Readiness is a weekly program to help young people develop skills to get ready for the workforce

RYSS Wyong



COOKING

3:00 - 5:00pm

Have fun learning basic cooking skills in a vintage homestyle kitchen with a small group under the guided support of our facilitator

RYSS Wyong



FRIDAYS

Starting
Friday
25th October



THRIFTY CREATIONS

12:30 - 2:30pm

Join us in transforming second-hand thrift shop finds into fashionable or up-cycled pieces. We will explore thrift shops for treasures and get our craft on with like-minded peers

**Wyong
& Community Based**



PHOTOGRAPHY

3:30 - 5:30pm

Join us in a journey of creativity through photography! Our program fosters self-expression, confidence, and practical skills

Community Based



SIDELINERS SOCIALS

5:30 - 7:30pm

Join us for a fun-filled sports program! watch, play, and socialise in a supportive and inclusive environment. Our program aims to encourage healthier alternative to enjoying sports with friends

RYSS Wyong

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