



CIRCLE OF SECURITY PARENTING

A RELATIONSHIPS BASED PARENTING PROGRAM FOR YOUNG PARENTS

Next Program Dates: Term 1 2024

Wednesdays – 8 weeks running on the following dates

07/02, 14/02, 28/02, 06/03, 13/03, 20/03, 27/03, & 03/04

12:00 pm - 2:00 pm

Narara Valley High School Young Parents Program – Fountains Rd, Narara

Regional Youth Support Services are running Circle of Security Parenting, a Relationship Based Parenting Program exploring topics such as:

- Your children's needs,
- Understanding how to help build a solid emotional foundation with your child,
- How to create a secure attachment with your child,
- How to be a 'Bigger, Stronger, Wiser and Kind' caregiver.

This program is open to young parents up to 25 years of age.

Creche and Light refreshments will be provided.

Creche spots must be booked in.

For any further information and/or to express your interest or refer young parents to the Circle of Security Parenting program please visit www.ryss.com.au/circle-of-security or call 4323 2374



www.ryss.com.au